

Eye of the Storm

Psalm 46

Introduction:

The picture of a dove in a nest beside a waterfall

Body:

Why are we able to be still amid life's tumultuous storms?

- I. God is our strength so we can be courageous (v1-3).

- II. God is our stronghold so we can be glad (v4-7).

- III. God is Lord Sabaoth so we can be at rest (v8-11).

Conclusion:

Sometimes the Lord calms the storm; sometimes he lets the storm rage and calms our soul.

Questions for Reflection and Discussion

1. What does the term "city of God" refer to? (Psalm 48:1-2, 8; Revelation 21:9-14)
2. Examine 2Chronicles 20:1-30 and 2Kings 18-19. Which event do you think better explain the background to Ps. 46:6-7 where God defended his people?
3. In what times have you experienced strength, gladness and rest when your situation seemed chaotic or terrifying?
4. What Biblical truths can you hold fast to so that you can be the dove nesting beside the waterfall?